

# RICH FRUIT CAKE

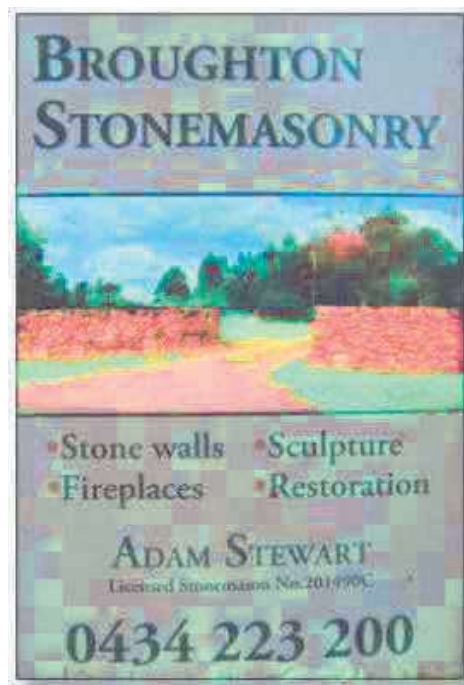
# Special Conditions

## The Agricultural Societies Council of NSW Rich Fruit Cake Competition.

The following recipe is compulsory for all entrants.

**RICH FRUIT CAKE** - Here's what you need:

250g (8 oz) Sultanas  
250g (8 oz) Chopped raisins  
250g (8 oz) Currants  
125g (4 oz) Chopped mixed peel  
90g (3 oz) Chopped red glace cherries  
90g (3 oz) Chopped blanched almonds  
1/3 Cup sherry or brandy  
250g (8 oz) Plain flour  
60g (2 oz) Self raising flour  
1/4 teaspoon Grated nutmeg  
1/2 teaspoon Ground Ginger  
1/2 teaspoon Ground cloves  
250g (8 oz) Butter  
250g (8 oz) Soft brown sugar  
1/2 teaspoon Lemon essence OR finely grated  
lemon rind  
1/2 teaspoon Almond essence  
1/2 teaspoon Vanilla essence  
4 Large eggs



### Here's what you do: -

Mix together all the fruits and nuts and sprinkle with the sherry or brandy. Cover and leave for at least 1 hour, but preferably overnight.

Sift together the flours and spices. Cream together the butter and sugar with the essences. Add the eggs one at a time, beating well after each addition, then alternately add the fruit and flour mixtures. Mix thoroughly. The mixture should be stiff enough to support a wooden spoon.

Place the mixture into a prepared **square tin 20 cm (8")** and bake in a slow oven for approximately 3<sup>1</sup>/<sub>2</sub> - 4 hours. Allow the cake to cool in the tin.

NOTE: To ensure uniformity and depending upon the size it is suggested the raisins be snipped into 2 or 3 pieces; cherries into 4-6 pieces and almonds crosswise into 3-4 pieces.

Winners at Country Shows will each receive a cash prize of \$25 (in addition to the Prize-money offered by the local Society) and will be required to bake a second "Rich Fruit Cake" in order to compete in a semi-final to be conducted by each of the 14 Groups of the Agricultural Societies Council of NSW.

NOTE: COMPETITORS MAY ONLY REPRESENT ONE SHOW SOCIETY IN A GROUP FINAL AND ONLY ONE GROUP IN A STATE FINAL.

The fourteen winners at Regional Level will each receive a cash prize of \$50 and are required to bake a third "Rich Fruit Cake" for the Final Judging at the Royal Easter Show where the winner will receive cash prize of \$100. The winner of this year's group final will represent the group at next year's Royal Easter Show.

**No exhibit may be removed from the pavilion before 3.30 pm, Sunday**