## Section K

## CAKES

STEWARDS: Karen Tett, Jeanette Allen, Gail Schaefer

PRIZES: 1st - \$5.00, 2<sup>nd</sup> - \$2.00, unless otherwise indicated

## CONDITIONS:

- Unless specially mentioned, CAKES ARE NOT TO BE ICED OR DECORATED
- All exhibits are to be presented on china plate or board.
- Exhibits need NOT be covered on presentation.
- Only cakes in Classes 29-36, 41 & 48 will be put back into Oven Bags after judging, bags to be supplied by exhibitor.
- Exhibits will be cut for judge to taste (except Class 48- Children's Birthday Cake)

• Exhibit label to be attached to top side of plate or board, NOT on oven bag or beneath plate.

- No ring tins to be used unless otherwise specified.
- Tips and hints brochure available from Show Secretary or Stewards.

## CAKES- OPEN

- 1. Any packet cake, iced on top only
- 2. Orange Cake, iced on top only
- 3. Chocolate cake, iced on top only
- 4. Mud Cake, any variety, iced on top only
- 5. Plain Butter Cake, iced on top only
- 6. Banana Cake
- 7. AOV Cake- variety must be named
- 8. Cupcakes, 6, plain, papers not to be used
- 9. Decorated Cupcakes, 6
- 10. Lamingtons, 6
- 11. My favourite cake in ring tin
- 12. Gluten Free Any Cake

## SPONGE CAKES, JAM FILLED- OPEN

- 13. Caramel Sandwich, iced on top only
- 14. Sponge Roll, jam filled, ends not trimmed
- 15. Passionfruit Sandwich, iced on top only
- 16. Cornflour Sandwich

## SCONES, BISCUITS, SLICES ETC- OPEN

- 17. Scones, plain, 6
- 18. Scones, date, sweet, 6
- 19. Scones, pumpkin, 6
- 20. Date & Nut loaf
- 21. Baked Slice, 6
- 22. Unbaked slice, 6
- 23. Shortbread, 6 triangles
- 24. Any variety of muffin, 6, please name the variety (papers not to be used)
- 25. Jam Drops, 6

- 26. Pikelets, 6
- 27. Anzac biscuits, 6
- 28. Raspberry Coconut Slice, 6
- 29. Loaf of Bread
- 30. Gluten Free Any item not mentioned

### FRUIT CAKES AND PUDDINGS- OPEN

- 31. Sultana Cake, 500g sultanas, 1<sup>st</sup> \$5.00, 2<sup>nd</sup> \$2.50
- 32. Fruit Cake, dark 250g mixture 1<sup>st</sup> \$5.00, 2<sup>nd</sup> \$2.50
- 33. Fruit Cake, light, 250g mixture 1<sup>st</sup> \$5.00, 2<sup>nd</sup> \$2.50
- 34. Rich Fruit Cake- Special Conditions page
   22 1<sup>st</sup> \$20.00, 2<sup>nd</sup> \$10.00
- 35. Boiled Fruit Cake, 1<sup>st</sup> \$5.00, 2<sup>nd</sup> \$2.50
- 36. Boiled Fruit Pudding  $1^{st}$  \$5.00,  $2^{nd}$  \$2.50
- 37. Steamed Plum Pudding 1<sup>st</sup> \$5.00, 2<sup>nd</sup> \$2.00

### NOVICE CLASSES

- 38. Boiled Fruit Cake
- 39. Plain Butter Cake, iced on top only
- 40. Orange Cake, iced on top only
- 41. Chocolate Cake, iced on top only
- 42. Scones, plain, 6
- 43. Steamed Plum Pudding
- 44. Banana Cake
- 45. Baked Slice, 6
- 46. Unbaked Slice, 6
- 47. My favourite cake in ring tin
- 48. Gluten Free Any Cake
- 49. Gluten Free Any item not mentioned

# CAKES ...(Continued)

# Section K

### JUNIOR SECTION

### 17 yrs & under

- 50. Packet Cake, any variety, iced on top only
- 51. Norma Allen Anzac Biscuit, 4 (Recipe page 27)
- 52. Children's Birthday Cake, decorated (will not be cut).
- 53. Cupcakes, 4, decorated for children's party. (Paper cases may be used)
- 54. Cupcakes, 4, plain (paper cases may be used).
- 55. Coconut macaroons, 4
- 56. Any variety muffins, 4, please name variety.
- 57. Anzac biscuits, 4
- 58. Scones, plain, 4
- 59. My favourite cake in a ring tin
- 60. Gluten Free-Any item

### SPECIAL PRIZES

### 12 yrs and under

- 61. Packet Cake, any variety, iced on top only
- 62. Norma Allen Anzac Biscuit, 4 (Recipe page 27)
- 63. Decorated arrowroot biscuits, 4
- 64. Cupcakes, 4, suitably decorated for Children's party. (Paper cases may be used.)
- 65. Cupcakes,4, plain (paper cases may be used)
- 66. Pikelets, 4
- 67. My favourite cake in ring tin
- 68. Gluten Free Any Item
- Champion Exhibit in Cakes, Sponge Cakes, Scones, Biscuits, Slices etc. Open Section-Ribbon
- Champion Exhibit in Fruit Cakes and Puddings, Open Section-Ribbon
- Norma Allen's Memorial Shield Most successful exhibitor in Open Cake section -\$100 plus ribbon
- Best Novice Exhibit in Cake Section—Ribbon
- Champion Junior Exhibit in Cake Section—Ribbon
- Norma Allen's Junior Best Anzac Biscuits \$50 plus Ribbon (Must use recipe provided Page 24)



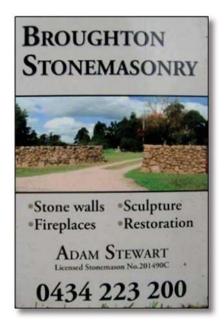
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### The Agricultural Societies Council of NSW Rich Fruit Cake Competition.

The following recipe is compulsory for all entrants.

#### **RICH FRUIT CAKE** - Here's what you need:

250g (8 oz) Sultanas 250g (8 oz) Chopped raisins 250g (8 oz) Currants 125g (4 oz) Chopped mixed peel 90g (3 oz) Chopped red glace cherries 90g (3 oz) Chopped blanched almonds 1/3 Cup sherry or brandy 250g (8 oz) Plain flour 60g (2 oz) Self raising flour 1/4 teaspoon Grated nutmeg 1/2 teaspoon Ground Ginger 1/2 teaspoon Ground cloves 250g (8 oz) Butter 250g (8 oz) Soft brown sugar 1/2 teaspoon Lemon essence OR finely grated lemon rind 1/2 teaspoon Almond essence 1/2 teaspoon Vanilla essence 4 Large eggs



#### Here's what you do: -

Mix together all the fruits and nuts and sprinkle with the sherry or brandy. Cover and leave for at least 1 hour, but preferably overnight.

Sift together the flours and spices. Cream together the butter and sugar with the essences. Add the eggs one at a time, beating well after each addition, then alternately add the fruit and flour mixtures. Mix thoroughly. The mixture should be stiff enough to support a wooden spoon.

Place the mixture into a prepared square tin 20 cm (8") and bake in a slow oven for approximately  $3^{1}/_{2}$  - 4 hours. Allow the cake to cool in the tin.

NOTE: To ensure uniformity and depending upon the size it is suggested the raisins be snipped into 2 or 3 pieces; cherries into 4-6 pieces and almonds crosswise into 3-4 pieces.

Winners at Country Shows will each receive a cash prize of \$25 (in addition to the Prize-money offered by the local Society) and will be required to bake a second "Rich Fruit Cake" in order to compete in a semi-final to be conducted by each of the 14 Groups of the Agricultural Societies Council of NSW.

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NOTE: COMPETITORS MAY ONLY REPRESENT ONE SHOW SOCIETY IN A GROUP FINAL
AND ONLY ONE GROUP IN A STATE FINAL.
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The fourteen winners at Regional Level will each receive a cash prize of \$50 and are required to bake a third "Rich Fruit Cake" for the Final Judging at the Royal Easter Show where the winner will receive cash prize of \$100. The winner of this year's group final will represent the group at next year's Royal Easter Show.

### Norma Allen's Anzac Biscuits

1<sup>st</sup> prize \$50 plus ribbon (section K 51 & K 62)

Combine the ingredients below:

1 cup plain flour 1½ cups rolled oats 1 cup brown sugar ½ cup coconut Salt

Heat together: 1/4 pound butter (120grams) 2 T (tablespoons) hot water 1 T golden syrup



Add ½ teaspoon carb soda to hot mixture (this will froth up when mixed)

Pour over dry ingredients and mix well. Roll mixture into small balls and flatten a little with a fork.

Bake in moderate oven for about 15 minutes.

Lift onto a cooling rack after taking out of oven.



